

## Johnson on Drinking –

### from Boswell's Life of Samuel Johnson

Johnson and I supped this evening at the Crown and Anchor tavern, in company with Sir Joshua Reynolds, Mr. Langton, Mr. Nairne, now one of the Scotch Judges, with the title of Lord Dunsinan, and my very worthy friend, Sir William Forbes, of Pitsligo.

We discussed the question whether drinking improved conversation and benevolence. Sir Joshua maintained it did. JOHNSON. 'No, Sir: before dinner men meet with great inequality of understanding; and those who are conscious of their inferiority, have the modesty not to talk. When they have drunk wine, every man feels himself happy, and loses that modesty, and grows impudent and vociferous: but he is not improved; he is only not sensible of his defects.' Sir Joshua said the Doctor was talking of the effects of excess in wine; but that a moderate glass enlivened the mind, by giving a proper circulation to the blood. 'I am (said he,) in very good spirits, when I get up in the morning. By dinner-time I am exhausted; wine puts me in the same state as when I got up; and I am sure that moderate drinking makes people talk better.' JOHNSON. 'No, Sir; wine gives not light, gay, ideal hilarity; but tumultuous, noisy, clamorous merriment. I have heard none of those drunken,—nay, drunken is a coarse word,—none of those VINOUS flights.' SIR JOSHUA. 'Because you have sat by, quite sober, and felt an envy of the happiness of those who were drinking.' JOHNSON. 'Perhaps, contempt.—And, Sir, it is not necessary to be drunk one's self, to relish the wit of drunkenness. Do we not judge of the drunken wit, of the dialogue between Iago and Cassio, the most excellent in its kind, when we are quite sober? Wit is wit, by whatever means it is produced; and, if good, will appear so at all times. I admit that the spirits are raised by drinking, as by the common participation of any pleasure: cock-fighting, or bear-baiting, will raise the spirits of a company, as drinking does, though surely they will not improve conversation. I also admit, that there are some sluggish men who are improved by drinking; as there are fruits which are not good till they are rotten. There are such men, but they are medlars. I indeed allow that there have been a very few men of talents who were improved by drinking; but I maintain that I am right as to the effects of drinking in general: and let it be considered, that there is no position, however false in its universality, which is not true of some particular man.' Sir William Forbes said, 'Might not a man warmed with wine be like a bottle of beer, which is made brisker by being set before the fire?'—'Nay, (said Johnson, laughing,) I cannot answer that: that is too much for me.'

I observed, that wine did some people harm, by inflaming, confusing, and irritating their minds; but that the experience of mankind had declared in favour of moderate drinking. JOHNSON. 'Sir, I do not say it is wrong to produce self complacency by drinking; I only deny that it improves the mind. When I drank wine, I scorned to drink it when in company. I have drunk many a bottle by myself; in the first place, because I had need of it to raise my spirits; in the second place, because I would have nobody to witness its effects upon me.'